

ORIENTATION CUM COUNSELLING WEBINAR FOR PARENTS OF CLASS 9TH

"Every child deserves a champion; an adult who will never give up on them, who understands the power of connection and insists that they become the best they can possibly be."

To strengthen the relationship of parents with their teenage child, St. Montfort School organised a webinar for the parents of Class IX on 17th July 2021. The resource persons for the session were Ms. Shraddha Balwani, School Counsellor and Ms. Samta Chawla, Senior teacher.

The orientation started with a soulful prayer, followed by welcome address and introduction by Ms. Shraddha Balwani.

Ms. Samta Chawla made the parents aware about the CBSE's New Assessment Scheme and changes made in the assessment pattern for the session 2021-22.

As children undergo a lot of physical, social, mental and emotional changes during this age of adolescence and parents find it very difficult to deal with these issues, the school counsellor, Ms. Shraddha Balwani also addressed the parents. She elaborated the teenage problems like searching for identity, emotional ups and downs, sudden outbursts, various distractions due to gadgets and social media, etc. She suggested ways to curb, control such behaviour and how parents can build a healthy relation with their kids by adopting the **3C FORMULA** to bridge the gap.

- **Connect**
- **Communicate**
- **Comprehend**

She emphasized on the fact that positive support can help teenagers to become productive and responsible adults which was followed by a feedback session. The webinar concluded with the addressal of the school Principal, Rev. Bro. Monachan who inspired the parents and students with his words of wisdom. It was an informative, enriching and enlightening session.

अभिभावकों हेतु ओरिएंटेशन कार्यक्रम

सेंट मॉटफोर्ट स्कूल, भोपाल में कक्षा नवी के छात्रों तथा अभिभावकों हेतु ऑनलाइन वेबिनार का आयोजन किया गया। कार्यक्रम का आरंभ अभिभावकों के स्वागत के साथ हुआ। स्कूल काउंसलर श्रीमती श्रद्धा बलवानी ने अपने उद्बोधन द्वारा बताया कि किशोरावस्था के दौरान बच्चे बहुत सारे शारीरिक, सामाजिक, भावनात्मक परिवर्तनों से गुजरते हैं। माता-पिता को इन मुद्दों को संभालना मुश्किल होता है इसके लिए अभिभावकों को "तीन -सी कनेक्ट", संचार और समझने "के फार्मूले को अपनाने के लिए कहा गया।

अध्यापिका श्रीमती समता चावला द्वारा अभिभावकों को इस सत्र के लिए सीबीएसई द्वारा मूल्यांकन पैटर्न में किए गए परिवर्तनों के बारे में जागरूक किया गया। छात्रों को अनुशासन के महत्व तथा समय के प्रबंधन आदि के महत्व के बारे में बताया गया।

अभिभावकों द्वारा अध्यापिकाओं द्वारा दी गई जानकारी को अत्यंत महत्वपूर्ण बताया गया।

इस अवसर पर प्रधानाचार्य ब्रदर मोनाचन तथा कक्षा नवी की सभी अध्यापिकाएँ उपस्थित थीं।